Experience Healing Prayers

Individual Sessions
are offered in the Prayer Room
by appointment at
Our Saviour’s Lutheran Church
1234 N. Arlington Heights Road
in Arlington Heights

All are welcome!

Healing Touch Spiritual Ministry
is open to the community!

Healing Touch Spiritual Ministry’s
Open House is offered on designated days.

Interested or have questions?
Please email
oslc.htsm.scheduler@gmail.com
or contact the church office at
847-255-8700
with your questions or
to schedule an appointment

Healing Touch Spiritual Ministry

“You are Christ’s hands—
Christ has no body now but yours,
no hands but yours,
no feet but yours.
Yours are the eyes
through which to look
with compassion on the world.
Yours are the feet
with which he is to go about doing good;
Yours are the hands
with which he is to bless all now.”
–Teresa of Avilla

Affiliated with
Institute of Spiritual Healing & Aromatherapy

For more information, please visit the web page
of the Institute of Spiritual Healing &
Aromatherapy at http://ishahealing.com

Healing Touch

Our Saviour’s Lutheran Church
is pleased to offer...

Healing Touch
Spiritual Ministry

at
Our Saviour’s Lutheran Church
1234 N. Arlington Heights Road
Arlington Heights, Illinois

www.oursaviours.org
Get Involved > Ministries > Healing Touch
Healing Touch
Spiritual Ministry

Healing Touch is a safe, complementary therapy that can offer benefits for a variety of health concerns, as well as enhance regular, ongoing medical care. It does not replace standard medical care but complements it.

Healing Touch has been found to be helpful to facilitate:

- Relief of pain
- Reduction of anxiety and stress
- Preparation for and recovery from medical procedures
- Disease prevention
- Chronic illness support
- Grief support
- Spiritual and general well-being

How Does Healing Touch Work?

Healing Touch is a sacred healing art that flows from the laying-on-of hands found within our Judeo–Christian tradition. Through prayer, centering and healing intention, specially trained ministers use their hands as instruments of God’s grace to enhance the body’s capacity for healing and well-being.

During a HT session, you are asked to give a brief history and establish a healing goal. Information is held in confidence. You will lie fully clothed on a massage table as practitioners use light touch to lay-on-hands to specific areas of your body. Relaxing music may be played as you are encouraged to relax and open your heart to receive God’s healing gift through prayer.

Clients often report a

- deep sense of relaxation
- connection to self, others, and God
- increased alertness

Mutual feedback is invited, and resources are provided to facilitate physical, emotional, mental, and spiritual health and wholeness.

How Can Healing Touch Help?

Mission Statement:

By the power of God’s love and the spiritual guidance of the Holy Spirit, Our Saviour’s Healing Touch Spiritual Ministry Program will...

- establish a healing ministry that integrates prayer and hands-on healing
- offer the health-promoting benefits of Healing Touch to Our Saviour’s congregation and the community
- teach and practice prayer and healing within our Judeo–Christian tradition

He sent them out to proclaim the kingdom of God and to heal.

Luke 9:2